



# JOCELYN BREWER

PSYCHOLOGIST + SPEAKER

## WRITING PORTFOLIO

### GENERAL/POPULAR:

- The Mild Achievers: 5 people from the class of 1995 who sucked in the HSC but turned out just fine (for Junkee)
- Today I started an IVF Savings Account (in Daily Life)
- My years as a Hare Krishna (in Daily Life)
- Why I took an Egg Timer Test (in Essential Baby)
- Don't make resolutions, make magic
- Tall, Dark Roast and Handsome: Barista-romance (in the Elephant Journal)
- Why no one is ever too old or too cool for Book Week



### ON TECHNOLOGY:

- Techno-fear is hurting kids, not their use of digital devices
- Kids' #screentime: consider nutritional content of online activities not just calorie intake Why your digital detox will probably fail (also appeared in The New Daily)
- Could we please stop the moral panic over social media 'addiction'? (for Junkee)
- Reality Bytes for opponents of digital parenting (in Huffington Post)
- Set a Digital Sunset for a good night's sleep (in Huffington Post)
- You don't need to quit social media, you just need to quit bullsh\*t
- My 5 favourite technology podcasts
- The Smartphone function you're not using enough
- Want to stress less? Simplify your inbox

My TEDx talk on the quest to discover digital superfoods.

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